

## BEHAVIORAL HEALTH REHABILITATIVE SERVICES

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Behavioral Health Rehabilitative Services is a range of services including assessments, intervention, counseling, and skill «training and integration». Services are recommended by a physician or other licensed practitioner of the healing arts within their scope of practice according to state law for maximum reduction of physical or mental disability and restoration of a member to their best possible functional level. Behavioral health rehabilitative services are designed to be provided on a short-term basis and in most cases, should not be considered a pattern of long-term care.

### COVERED SERVICES

Behavioral health rehabilitative services include behavioral intervention services that consist of developing and implementing a regimen that will reduce, modify, or eliminate undesirable behaviors and/or introducing new methods to induce alternative positive behaviors and management including improving life skills. ND Medicaid members who receive behavioral health rehabilitative services should display measurable progress in these areas through the development, implementation, and evaluation of a plan of care (more information on the plan of care is below). Specific services are outlined in the table below.

Therapy and/or treatment that involves the participation of a family member/collateral and/or other non-Medicaid eligible individual(s) is for the direct benefit of the member, in accordance with the member’s needs and treatment goals identified in the member’s treatment plan and for assisting the member’s recovery. The general expectation is that the member would be present for the service with the non-member; however, there may be some treatment session(s) where the practitioner’s judgment is not to include the member.

Service Name	Definition of Services	Billing Code
Screening, Triage, and Referral Leading to Assessment	This service includes the brief assessment of an individual’s need for services to determine whether there are sufficient indications of behavioral health issues to warrant further evaluation. This service also includes the initial gathering of information to identify the urgency of need. This information must be collected through a face-to-face interview with the individual and may also include a telephonic interview with the family/guardian as necessary. This service includes the process of obtaining cursory historical, social, functional, psychiatric, developmental, or other information from the individual and/or family seeking services to determine whether a behavioral health issue is likely to exist and the urgency of the need. Services are available 24 hours per day, seven days per week. This service also includes the provision of appropriate triage and referrals to needed services based on the individual’s presentation and preferences as identified in the screening process.	H0002

<p>Behavioral Assessment</p>	<p>Interview with the individual, family, staff, or other caregivers, and observation of the individual in the environment to assess identified behavioral excesses or deficits. This service involves operationally defining a behavior, identifying environmental, antecedent and consequent events, and making a hypothesis regarding the likely function or purpose of the behavior as well as formulation of therapeutic recommendations/intervention regimen.</p> <p>The assessment may be conducted over a period of a few days, depending on the individual's needs and what is being assessed. The assessment should only be billed after it has been completed. This service is limited to two per calendar year. If additional services are medically necessary, the provider may request and receive service authorization from ND Medicaid.</p>	<p>H0031</p>
<p>Crisis Intervention</p>	<p>Emergency behavioral health therapeutic intervention intended to assist in a crisis situation. Crisis situations may be defined as an individual's perception or experience of an event or situation that exceeds the individual's current resources or coping mechanisms. Crisis intervention seeks to stabilize the individual's mental state and prevent immediate harm to the individual or others in contact with that individual. Crisis intervention includes facilitating emotion regulation, safety planning, providing support, providing guidance for preventing future crisis, promoting mobilization of emotion regulation skills, implementing order, and providing protection.</p> <p>Providers rendering crisis intervention services must be available 24 hours per day, 7 days per week, if the individual needs further follow up services.</p>	<p>H2011<sup>T</sup></p>
<p>Nursing Assessment and Evaluation</p>	<p>This service requires face-to-face contact with the individual to monitor, evaluate, assess, and/or carry out an order from a licensed practitioner within their scope of practice. This service must consider all the following items:</p> <ol style="list-style-type: none"> <li>1. Assessment to observe, monitor, and care for the physical, nutritional and psychological issues, problems or crises manifested in the course of an individual's treatment;</li> <li>2. Assessing and monitoring the individual's response to medication(s) to determine the need to continue medication and/or to determine the need to refer the individual for a medication;</li> <li>3. Assessing and monitoring the individual's medical and other health issues that are either directly related to the mental health disorder, or to the treatment of the disorder; and</li> <li>4. When appropriate, consulting with the individual's family and significant other(s) about medical, nutritional, and other health issues related to the individual's mental health disorder.</li> </ol>	<p>T1001</p>

Service Name	Definition of Services	Billing Code
Behavioral Health Counseling and Therapy	<p>Behavioral health counseling and therapy provides individual or group counseling by a provider for children in foster care receiving services through a qualified residential treatment program or in a therapeutic foster care home. Providers must be employed by or contracted through the qualified residential treatment program or the therapeutic foster care agency.</p> <p>This service is limited to one hour per child per day of individual counseling and one hour per child per day of group counseling and must be within each practitioner’s scope of practice in accordance with licensure and certification. If additional services are medically necessary, the provider may request service authorization from ND Medicaid.</p> <p>Federal financial participation is not available for care or services to Medicaid members residing in an IMD.</p>	H0004* <sup>T</sup> †
Individual or Group Counseling	<p>Counseling is a process through which an individual or group works with a trained therapist in a safe, caring, and confidential environment to explore their feelings, beliefs, or behaviors, work through challenging or influential memories, identify aspects of their lives that they would like to change, better understand themselves and others, set personal goals, and work toward desired change.</p> <p>Counseling is considered an individual service and if provided in a group setting, must be billed with the appropriate modifiers.</p>	H0004* <sup>T</sup> †

Service Name	Definition of Services	Billing Code
<p>Intensive in-home for Children</p>	<p>This service provides the Medicaid-eligible child(ren) and their family with intensive in-home crisis intervention and family education, to prevent one or more children from being placed in out-of-home care. The service must be for the direct benefit of the Medicaid-eligible child. Services are furnished in the child’s home. Providers are on call 24 hours a day, seven days a week. Services are time-limited and providers carry a limited caseload.</p> <p>Family education is the practice of equipping family members to develop knowledge and skills that will enhance their ability to help restore the Medicaid- eligible child to the best possible functional level.</p> <p>A child is at risk if the referring agency documents the child is at risk of out-of-home placement and one or more of the following criteria is present:</p> <ul style="list-style-type: none"> <li>• Court determination for need of placement;</li> <li>• Temporary custody transferred from parents with reunification as the plan;</li> <li>• History of significant law violation, physical or sexual abuse and/or neglect, incorrigibility, delinquency, substance abuse, severe mental health issues, etc.;</li> <li>• A referral from the child and family team process;</li> <li>• Prior placement of any child from within the family unit;</li> <li>• Prior placement history of child identified in the referral;</li> <li>• Prevent adoption disruption;</li> <li>• Child protection assessment resulting in a “Services Required”; and/or</li> <li>• Earlier intervention before court order involvement to prevent placement outside the home.</li> </ul> <p>Situations not covered above will be reviewed by ND Medicaid per a recommendation and proposed care plan from Intensive In-Home Service provider and the referring agency.</p> <p>This service must take place in the home where the child resides. Parents/guardians must be physically present while the service is being delivered.</p> <p>The length of service is brief, solution-focused and outcome-based. The average length of service is usually two to six months. Services provided beyond six months will require thorough documentation in the child’s plan of care and are subject to audit.</p>	<p>S9482</p>

Service Name	Definition of Services	Billing Code
Skills Restoration	<p><del>Skills restoration is a time-limited service that assists an individual with restoring needed and desired skills such as daily living/independent living skills to improve the functional impairments affected by the individual's behavioral health diagnoses and symptoms to meet rehabilitation goals. Skills restoration is a systematic series of instructional activities, which include a mixture of education, confirmation, and demonstration of learned skills and capacity for observed learning over time to ensure lasting results that translate to the living environment.</del></p> <p><del>Skills restoration interventions used should be based on evidence-based practice.</del></p> <p><del>Skills restoration is considered an individual service and if provided in a group setting, must be billed with the appropriate modifiers.</del></p> <p><del>Services are limited to four hours per day and must be within each practitioner's scope of practice in accordance with licensure and certification. If additional services are medically necessary, the provider may request service authorization from the North Dakota Medicaid Program.</del></p>	H2014* <del>‡</del>
Skills «Training and» Integration	<p>A service designed to support an individual in the community in their efforts to apply and integrate those life skills that have been learned in their therapy programs. The individual typically requires support for cueing/modeling of appropriate behavioral and life skills to maximize their skills and prevent need for higher levels of care.</p> <p>The service reduces disability and restores an individual to previous functional levels by assisting the individual in ongoing utilization and application of learned skills in normalized living situations. This strengthens the skill development that has occurred and promotes skill integration in various life roles.</p> <p>Services are limited to four hours per day and must be within each practitioner's scope of practice in accordance with licensure and certification. If additional services are medically necessary, the provider may request service authorization from the North Dakota Medicaid Program.</p> <p>Skills «training and» integration is considered an individual service and if provided in a group setting, must be billed with the appropriate modifiers.</p>	H201«4»* ‡

Service Name	Definition of Services	Billing Code
Behavioral Intervention	<p>Behavioral intervention is a service to identify responsive actions by an individual to stimuli and to develop and facilitate the implementation of an intervention regimen that will reduce, modify, or eliminate undesirable responses. This intervention is a comprehensive rehabilitative service that trains new positive behaviors to replace unwanted behavior through positive reinforcement of the desired behavior (i.e. reducing anxiety through deep breathing, reducing self-harm behavior by reinforcing replacement behavior).</p> <p>This service includes the assessment of the individual and the development a Behavioral Intervention Plan. The plan is to be reviewed and modified as needed to ensure the individual receives appropriate interventions.</p> <p>Services are limited to four hours per day and must be within each practitioner’s scope of practice in accordance with licensure and certification. If additional services are medically necessary, the provider may request service authorization from the North Dakota Medicaid Program.</p>	H2019
Assessment for Alleged Abuse and/or Neglect and Recommended Plan of Care (formerly known as Forensic Interview)	<p>An assessment performed by an accredited children’s advocacy center to determine if a child has experienced abuse and/or neglect. The assessment must be recorded and is designed to elicit a child’s unique information when there are concerns of possible abuse. The assessment should lead to a recommended plan of care.</p>	99499 (must append modifier 32)

\*This service may be provided in an individual or group setting. If group setting is provided, modifier UA must be appended to the line and the reimbursement will be 25% of the allowed amount.

† Indicates the service can be delivered via telehealth. See [Telehealth policy](#) for more information.

‡ Services provided on behalf of the member to someone other than the member must be billed with a UK modifier.

**BEHAVIORAL HEALTH REHABILITATIVE SERVICES & PROVIDERS**

Code	Service Name	OLPs – include LCSWs, LPCCs, LPCs, LMFTs, LACs, and psychologists	LBSW	LMSW	Licensed Exempt Psychologist	LAPC	RN	BMS	MHT	«BA»
H0002	Screening, Triage, and Referral Leading to Assessment	OLPs may bill for covered Rehabilitative Services within their scope of practice.	X	X	X	X	X	X		«X»
H0031	Behavioral Assessment	OLPs may bill for covered Rehabilitative Services within their scope of practice.		X	X	«X»				«X»
H2011 <sup>T</sup>	Crisis Intervention	OLPs may bill for covered Rehabilitative Services within their scope of practice.	X	X		X		X		
T1001	Nursing Assessment and Evaluation	OLPs may bill for covered Rehabilitative Services within their scope of practice.					X			
H0004* <sup>T</sup> ≠	Behavioral Health Counseling and Therapy	OLPs may bill for covered Rehabilitative Services within their scope of practice.	X	X		X				
H0004* <sup>T</sup> ≠	Individual or Group Counseling	OLPs may bill for covered Rehabilitative Services within their scope of practice.	X	X		X				
S9482	Intensive in-home for children	OLPs may bill for covered Rehabilitative Services within their scope of practice.	X	X		X				

Code	Service Name	OLPs – include LCSWs, LPCCs, LPCs, LMFTs, LACs, and psychologists	LBSW	LMSW	Licensed Exempt Psychologist	LAPC	RN	BMS	MHT	«BA»
H2014 * <del>‡</del>	Skills Restoration	<del>OLPs may bill for covered Rehabilitative Services within their scope of practice.</del>	X	X		X	X	X		
H201«4»* <del>‡</del>	Skills «Training and» Integration	OLPs may bill for covered Rehabilitative Services within their scope of practice.	X	X		X	«X»	X	X	«X»
H2019	Behavioral Intervention	OLPs may bill for covered Rehabilitative Services within their scope of practice.			X			X		«X»
99499 (must append modifier 32)	Assessment for Alleged Abuse and/or Neglect and Recommended Plan of Care (formerly known as Forensic Interview)	OLPs may bill for covered Rehabilitative Services within their scope of practice.	X	X		X				

\* Service may be provided in individual or group setting. If group setting is provided, modifier UA must be appended to the line and the reimbursement will be 25% of the allowed amount.

† Service may be delivered via telehealth. See the Telehealth chapter in the ND Medicaid General Information for Providers Manual for more info.

‡ Services provided on behalf of the member to someone other than the member must be billed with a UK modifier.

**ABBREVIATIONS:**

- «BA – Behavior Analyst»
- BMS – Behavior Modification Specialist
- LAC – Licensed Addiction Counselor
- LAPC – Licensed Association Professional Counselor
- LBSW – Licensed Baccalaureate Social Worker
- LCSW – Licensed Clinical Social Worker
- LMFT – Licensed Marriage and Family Therapist
- LMSW – Licensed Master Social Worker
- LPC – Licensed Professional Counselor
- LPCC – Licensed Professional Clinical Counselor
- RN – Registered Nurse
- MHT – Mental Health Technician
- OLP – Other Licensed Practitioner



Services rendered must be within the enrolled practitioner's scope of practice. Providers enrolled to render behavioral health rehabilitative services are not allowed to bill service codes outside of those noted above «with the exception of behavior analysts who render Applied Behavior Analysis (ABA) for youth with autism spectrum disorder». Providers interested in seeking ND Medicaid's approval for additional codes must submit a Technology/Procedure Assessment (SFN 905). The form is available at [www.nd.gov/eforms](http://www.nd.gov/eforms).

Medicaid-eligible children under EPSDT can receive these and all other medically necessary services.

There is no duplication of billed services.

Behavioral health rehabilitative services do not include:

- Room and board;
- Services provided to residents of institutions for mental disease (IMDs);
- Services that are covered elsewhere in the State Medicaid Plan;
- Educational, vocational and job training services;
- Recreational and social activities;
- Habilitation services; or
- Services provided to inmates of public institutions.

## **TELEHEALTH**

Only services indicated with a <sup>T</sup> in the above table may be delivered via telehealth. See the «[Telehealth policy](#)» for additional information.

## **SERVICE AUTHORIZATION**

Requests to exceed service limits may be submitted using SFN 481 ([www.nd.gov/eforms/sfn00481.pdf](http://www.nd.gov/eforms/sfn00481.pdf)). Requests will be determined based on medical necessity, as defined at ND Administrative Code 75-02-02-03.2.10.

## **MEMBER ELIGIBILITY FOR SERVICES**

«Members must meet medical necessity criteria» before behavioral health rehabilitative services can be provided through the Medicaid program:

- The member must be eligible for the Medicaid program.
- Other than *Screening, Triage, and Referral Leading to Assessment, Behavioral Assessment, Crisis Intervention and Assessment for Alleged Abuse and/or Neglect and Recommended Plan of Care*, the

service must be recommended by a practitioner of the healing arts within the scope of their practice under state law.

- The member must need mental health or behavioral intervention services that are provided by qualified practitioners.
- The member must have at least one of the following circumstances:
  - Be at risk of entering or reentering a mental health facility or hospital and demonstrate a score of 25 or above based on the WHODAS 2.0 «or a Daily Living Activities-20 (DLA-20) score of 5 or less» and/or
  - Need substance use disorder treatment services; and/or
  - Have a mental health disorder and be from a household that is in crisis and at risk of major dysfunction that could lead to disruption of the current family makeup; and/or
  - Have a mental health disorder and be in family that has experienced dysfunction that has resulted in disruption of the family.

## **PLAN OF CARE**

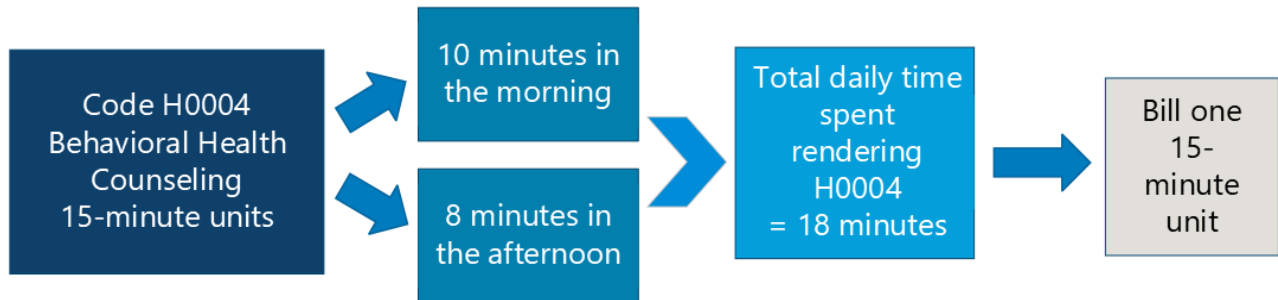
Each member should have a primary point of contact at the entity. Identify the primary point of contact in the member's plan of care. The Plan of Care is to be initiated on the first date of service, reviewed at appropriate time intervals, and updated as the patient condition and needs require. Minimum plan of care contents are:

- Name
- Age and date of birth
- Family composition
- Current residency
- Education level or current educational setting
- Work status/employment
- Placement history (including facility, admission, and discharge date)
- Narrative history or background of member
- Presenting concerns
- Diagnosis (if applicable-all Axes)
- Behavioral patterns
- Names of Practitioners providing care/services to the member
- Legal responsible party
- Treatment goals/primary plan of action
- Summary of progress/goals
- Medical needs (if available)
- Current health status (if available)

- Medication list (if available)
- Immunization record (if available)
- Recent medical appointments (if available)

**BILLING GUIDELINES**

Practitioners: When billing for one code that is billed in units (i.e. 15 minutes) throughout a day, report the total amount of units on one claim line.



**PROVIDER QUALIFICATIONS**

Individual practitioners must meet the qualifications in the Provider Qualifications table and must be employed by an entity that has a provider agreement with ND Medicaid. The practitioner is responsible for ensuring services can be provided within their scope of practice and is responsible for maintaining the individual qualifications outlined in the table below.

Other Licensed Practitioners (OLPs) are not required to be enrolled as behavioral health rehabilitative services providers. Currently, providers considered to be OLPs include LCSWs, LPCCs, LPCs, LMFTs, LACs, psychologists and «school psychologists».

Practitioners who are enrolled to provide behavioral health rehabilitative services may only provide the services indicated for their practitioner type on the behavioral health rehabilitative services table. These practitioners may not bill for services under a supervising practitioner’s NPI.

Practitioners possessing a similar license/certification in a border state and operating within their scope of practice in that state may enroll to provide behavioral health rehabilitative services upon attesting to ND Medicaid of their comparable license/certification.

Practitioners who are governed by a state licensing board must follow the board’s requirements for supervision.

Provider Types	Licensure/ Certification Authority	Education/ Degree Required
Licensed Exempt Psychologist	Eligibility for licensure exemptions as determined by the ND Board of Psychologist Examiners	
«Behavior Analyst	Licensure as a Board-Certified Behavior Analyst by the Board of Integrative Health Care	Behavior Analyst»
Behavior Modification Specialist (BMS)		Master’s degree in psychology, social work, counseling, education, child development and family science, human services, or communication disorders. Or a bachelors’ degree in one of the above fields and two years of work experience in the respective discipline. The work experience must be in a professional setting and supervised by a licensed practitioner in a related field.
Licensed Baccalaureate Social Worker (LBSW)	Licensure as a LBSW by the ND Board of Social Work Examiners.	
Licensed Master Social Worker (LMSW)	Licensure as a LMSW by the ND Board of Social Work Examiners.	
Registered Nurse (RN)	Licensure as a RN by the ND Board of Nursing.	
Licensed Associate Professional Counselor (LAPC)	Licensure as a LAPC by the ND Board of Counselor Examiners.	
Mental Health Technician (MHT)	Certification as a Mental Health Technician «or a Registered Behavior Technician» and supervised by a «qualified and» licensed practitioner within their scope of practice.	